

Parkinson's Halifax

NEWSLETTER

Edited by Eileen Kenny
lillybelly@hotmail.com

Issue No 31
January 2019

Paul Mayhew-Archer

Incurable Optimist



My name is Paul Mayhew-Archer and I wanted to let you know that I am bringing my show 'Incurable Optimist' to a theatre near you. I used to co-write 'The Vicar of Dibley'. Seven years ago I was diagnosed with Parkinson's and since then I've tried to hit

back at the illness by making jokes about it. Thanks to Parkinson's UK I got the chance to do some standup comedy and last August I took my one-man show, 'Incurable Optimist', to the Edinburgh Fringe.

I loved doing the show so much and the response was so enthusiastic that I thought to myself, "Why not do a national tour?" So that's what I'm doing. I can't manage the world so I'm going around the country in 80 days and I'm doing twenty eight shows. That's where you come in. Literally I hope. I will be performing in Otley at the Court House on Friday April 26th (Show starts at 8pm) and in Selby at the Town Hall on Saturday April 27th (Show starts at 8.00pm) 'Incurable Optimist' will be the first part of my show. Then, after the interval, I'll be doing a Q and A and telling more funny stories.

The whole thing will last about 105 minutes. (Or if I have a freezing episode it could last all night which is pretty fantastic value for money.) I do hope you can come. I'd love to see as many PwPs as possible. Bring family and friends. Maybe a group of you could make it a group outing. You can find out more and buy tickets by going to my website <http://mayhew-archer.com/>

Contact Details



Sylvia Maudsley
Chair
01422 884 134



Ian Barraclough
Vice Chair
01422 256 521



David Baldwin
Treasurer
01422 355 189



Eileen Kenny
Secretary
NL Editor
01422 373 566



Margaret Lambert
Events
01422 256 347



Janet Edmunds
Parkinson's Local
Adviser (PLA)
03442 253 638

PARKINSON'S^{UK}
CHANGE ATTITUDES. FIND A CURE. JOIN US.

Need help? Call the Parkinson's UK confidential helpline for free on **0808 800 0303**

Opening times: Monday-Friday: 9am-7pm, Saturday: 10am-2pm (Closed Sundays / Bank Holidays)

"Trained advisers, can provide information and advice about all aspects of Parkinson's, such as:
*medical issues, including symptoms and treatments
*employment and benefits
*health and social care
*emotional support."

Annual General Meeting

The AGM for 2019 will be held at
Elim Pentecostal Church on
Saturday, 9th February,
from 2pm – 4pm.
Refreshments will be served after the meeting
All welcome

Blackpool Holiday

We've come from all over - country-wide, We look out of the
window at the rising tide,

That's if they put you in a good sea view, Instead of the wall of the
apartments loo.

Trams rumble by. The earth is moving - the decibels high,
We take for granted the job they do, Sometimes none and
sometimes two.

Each October they light them front to back, But when they've passed
the colour is black.

The ride is smooth - less clunky tracks, Moving on to beat the max.

By night we return, back to the room. Feeling happy - no impending
doom.

Settle down in bed, cuddled up in love. Fitting together like hand in
glove.

In the end we set off home. Enjoyed our break without a moan.

We look at each other in the eye, Friends together until we die.

Written by Stuart Constable



Dates For Your Diary

Saturday 9th February 2019

Annual General Meeting

Saturday 9th March

Singer: Julie Dee

Research Volunteers required

We have had a request for volunteers from SITrAN, the Sheffield Research Centre for Neurological Conditions by Daniel Blackburn, a Senior Lecturer and Honorary Consultant Neurologist at the centre. Daniel is looking for volunteers with PD and healthy controls (ie. anyone without PD) to help his research using an EEG and other devices, in the hope of finding a cure. Please contact Ian Barraclough for more info on 01422 256 521 or ianbarraclough@me.com

If you would like to see your poetry published here, please send it to lillybelly@hotmail.com

All issues of the Newsletter can be viewed online at, www.parkinsonshalifax.org.uk